Camp Nazareth Policies and Guidelines
Reducing the Risk of Covid-19 at Camp

Please take some time to read the Guidelines and Rules below. It is important for all our families and their campers to be informed about what to expect at Camp and what the Camp expects. We are all “doing” Camp TOGETHER and that includes reducing the risk of any potential exposure TOGETHER!! Again, please read the Guidelines and Rule below and be sure you and your camper can adhere to the policies as written. If you have any questions or concerns, please contact the Camp at 724-662-4840 or campnazareth@acrod.org.

Cabin Families
Cabin Families are exactly what they sound like, our typical and traditional cabins. Remember, for this year, we will be back at full capacity in the cabins, which means that your camper will be staying with up to 15 other campers and 2 counselors. Cabin Families will experience the Camp Program together, like they always have, and brother-sister cabins will be together. Unlike summer 2021, there will be more time for whole Camp to be together. The Camp remains committed to the health and well-being of its campers, staff and volunteers, but as we move forward and away from the intensity of Covid-19 infection rates, the Camp Program is being adapted to allow for much more camper interaction.

Clergy and Volunteers will be staying in our Staff Lodge. Our Clergy and Volunteers will be in double rooms with another Clergy/Volunteer.

Mask Wearing, Vaccinations and Other Risk-Reducing Techniques
Will your camper be required to wear a mask? No! Mask-wearing is now optional for all campers and Staff. Campers and Staff will certainly be allowed to wear masks if they choose, but they will not be required to wear masks. During sports outside, neither campers nor staff will be wearing masks due to other risks related to the summer-time temperatures.

Will your camper be required to be vaccinated for Covid-19 in order to come to Camp? No! Camp is not mandating campers be vaccinated in order to attend Camp.

Will your camper be required to be Covid-19 tested before they come to Camp or when they arrive at Camp? No. Unlike 2021, Camp will not require Covid testing before arrival or during registration. This is due to the decline in incident rates of Covid. Screening is no longer as productive as it was in helping us maintain a healthy Camp.
Proper Ventilation – The Camp Program will include many activities outdoors, including meals throughout the week. In addition, the cabins are equipped with Whole-house attic fans, which, if necessary, will be used for additional ventilation when campers are indoors.

Personal hygiene/hand-washing/hand sanitizing – As strange as it may sound, the Camp Program will include additional time for hand-washing and hand sanitizing which are important risk-reducing techniques that are part of keeping the entire Camp healthy.

Limiting Time Indoors – While most of the Camp Program is outdoors anyway, more of its activities will be this summer. More of the Church Services, meals, and other program activities will take place outside. Campers should come more prepared this year to enjoy the outdoors!!

Meals and Grab-N-Go Meals – Some meals will be taken outside, but many of the meals will take place indoors with all the campers present. As always, Camp will be providing those with special dietary needs, the food required for them.

Cleaning and Facility Management
The Camp has updated its Facility Procedures to reflect the most current information available. While the CDC and Medical Community has learned that transmission through contact surfaces is not as likely as once thought, still proper cleaning procedures will help maintain a healthy Camp community. As always, staff and campers will clean their cabins every day. In addition, the Camp’s Maintenance personnel will sanitize touchpoints and common areas additional times each day. Additional signage will be posted around Camp encouraging handwashing and hand-sanitizing.

Church Services
Will the Camp still have Church Services? Of course! In the Camp’s typical program, several of the Camp’s Church Services take place outdoors or in the cabins themselves. Many of them take place in the Camp Church as well. This year, the same will be true. Campers will all be together in the Camp Church for many of the Church Services.

Camp Program
Will the Camp Program be enjoyable and fun? Yes, absolutely! Will it included things that campers are familiar with? Yes! Will it include new and creative activities and sports that the campers have not experience before? Yes! The Camp Staff always puts a lot of thought and effort into making a great Camp Program. 2022 will be no exception. Campers can expect Church Services, Sports, Faith Enrichment, Evening Activities, “Free-time”, time just to relax, and other traditional aspects of the Camp's Program. The adaptations the Camp made in 2021 are no longer required and the Camp’s Program will reflect that change. There will be much more camper interaction this year than last year. Brother-sister cabin interaction as well as all cabins enjoying activities together will be a part of the program without the physical distancing that was required last year. The Camp Staff will be ready for a great week with the campers.

Arrival, Departure and Schedule
- For 2022, each camping week will be Sunday to SATURDAY!!
We are returning to our usual Sunday to Saturday schedule! Please take note!
However, Sunday arrival (most likely between 3-5pm) will be staggered to allow for a smoother Registration experience. Departure Time on Saturday will be by 12 noon (and most likely between 9am – 12pm), but once again, the Camp will inform our campers and their families about the specific time for departure.

**Before Arrival and After Departure**

To help each other reduce the risk of spreading infection, the Camp is asking campers, staff, volunteers and clergy alike to do the following BEFORE they arrive at Camp:

1. 5-7 days prior to your camper’s arrival monitor their health more closely. Make sure they are healthy when they arrive at Camp! DO NOT send your child to Camp especially if they:
   a. Have a fever, i.e. a temperature above 100.0. If your child has had a fever (higher than 100.0 F), that fever must return to normal, without the help of medication, for at least 48 hours before arriving at Camp. Again, otherwise, please do not send your child to Camp.
   b. Have a sore throat or cough.
   c. Of course, if your camper has other symptoms that would indicate they are sick, please do not send them to Camp.

   This is the most important way we ensure a fun and healthy summer for our kids at Camp. Please ensure your child is healthy BEFORE they arrive at Camp. The same is true for all Staff, Clergy and Volunteers. Ensure you are healthy when you arrive at Camp.

   We are not asking parents to fill out the Daily Medical Check Form that we did last year, but again, please start monitoring your child’s health more closely 5-7 days prior to their arrival at Camp.

2. Be socially responsible. To the extent possible, limit contact with others outside of your household for the 5-7 days prior to your arrival at Camp. Again, this is simply a way to remain healthy PRIOR to Camp, and reduces the likelihood of not being healthy when you do arrive.

3. If your child has been in close contact with someone who has a confirmed case of COVID-19, please follow the CDC Guidelines about quarantining and isolating. Those guidelines can be accessed at: [https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html). While the infection rates for COVID-19 have decreased dramatically, it still remains a health hazard and following these guidelines will help ensure a healthy and fun summer for everyone at Camp. Please be in contact with the Camp before you arrive in the event your child has been in close contact with someone who has a confirmed case of COVID-19. The guidelines indicate that exposure does not necessarily preclude attending Camp, but making the Camp aware is important part of maintaining a healthy Camp. The Camp will be required to follow its communicable disease plan to make a decision about admittance. If they have been in close contact with a person who has been diagnosed with COVID-19 in the last 10 days prior to Camp, the Camp needs to be informed (via call or email) as soon as possible, and again, will follow its plan to make a decision about admittance.

4. Finally, if your child has tested positive for Coronavirus, they cannot attend Camp for 10 days after testing positive and they must be symptom free for at least 2 days in order attend.

5. Ensure your online registration is complete and all your paperwork is submitted including the Medical Examination Form BY June 1!!

Again, these measures are being implemented in order to reduce the risk to campers, staff, clergy, volunteers and families alike. They will not eliminate, but will reduce the risk of exposure. We are asking all our campers, families, staff and volunteers to work together to keep
one another as healthy as possible. If you feel that you or your child cannot abide by these Camp policies, please DO NOT send your camper to Camp.

At Check-in:
When you arrive at Camp, please adhere to the following:

1. Staff will guide you through the registration process. Camp will do an initial screening and then send families through the rest of the registration process. Some of the registration process will be done at your car. NOTE: For those travelling by bus or van, there will be an initial screening done BEFORE you board your van or bus. This will be a NEW process for everyone. Please be patient with us while we work through the initial screening prior to boarding.
2. Drop-off will mostly likely be between 3pm – 5pm on Sunday, but again, the Camp will notify the parents about the specific drop-off time because the times will be staggered.
3. Only Campers and one parent will be allowed to come through the Registration line and only campers will be allowed at the cabins. Other family members are asked to stay with their vehicles. Yes you can get out to stretch, but parents and other family members will not be allowed to walk around the Camp grounds or go into any of the Camp buildings. The CN Staff will assist your camper in taking their luggage to the cabin.
4. Most of the Camp’s typical registration procedures will be in place (turning in technology, cabin assignment, medical check, etc.).

At Departure:
On Saturday, at departure, please adhere to the following:

1. Parents and other family members are asked to stay with their vehicles. Camp Staff will help you through the departure process. Again, you can get out to stretch, but no one is allowed to walk around the Camp grounds or go into any of the Camp buildings. The CN Staff will assist your camper getting their luggage to your car.
2. Pick-up time will most likely be between 9am – 12pm, but again, Camp will notify the parents about the specific pick-up time because the times will be staggered.

Back at Home:
After you return home, Camp recommends you do the following:

1. Make sure you follow your State’s (your Locale’s) guidance (if there is any) about travelling after returning home.
2. Monitor yourself (your camper) for symptoms related to COVID-19.
3. If you develop symptoms related to COVID-19 or test positive for COVID-19 within 14 days of returning home, please contact the Camp immediately so that it can start contact tracing.

Medical Procedures and Policies
The Camp has updated its Communicable Disease Plan to reflect the most current information available regarding COVID-19. Many of the components of that plan were described above in the “Mask-Wearing and Other Risk-Reducing Techniques” section. The most important of those components is monitoring your camper’s health PRIOR to their arrival. Ensure they come to Camp healthy. The Camp’s medical staff will also be adapting some of its care procedures. This may include care of campers in their cabins or outdoors and may include medication distribution either at
the cabins or outdoors. If a camper (or any other member of the Camp community) develops symptoms related to COVID-19, they will be placed in our dedicated cabin for this purpose and monitored closely by our medical staff. The camper’s family will be contacted immediately, and, depending on the recommendation of the Camp’s medical staff, may be asked to pick up their camper as soon as possible.

All Campers, Staff, Volunteers and Clergy will have a Med Check each day. This will include a temperature check and a few questions about how they are feeling. Any issues or concerns will be brought to the attention of the Medical Staff immediately.

**Packing List**

Make sure you look at the Camper/Parent Handbook that is sent to you after you register for Camp and is available on the Camp’s website at Camper Parent Info Packet. It contains a more thorough Packing List. However, be sure to include the following when you pack for Camp:

1. Masks – Even though Camp is NOT requiring masks, please pack at least 2 masks in the unlikely event someone in a cabin has symptoms of Covid-19 or tests positive; and
2. Rain Gear – rain proof pants, a rain proof coat/poncho, a rainproof hood/hat, and waterproof shoes!

If able, please write your child’s name or initials on each item. At the very least, pack your child’s masks in a Ziplock bag and put your child’s name on the Ziplock bag.

**Staff, Volunteers and Clergy**

Neither Camp Staff, nor Volunteers or Clergy, will be rapid tested each week. The Camp will not be reducing the number of Staff, Clergy or Volunteers as it did last year, but as always, each must submit an application.

**Coronavirus Resources**

- Centers for Disease Control and Prevention (CDC)
- American Camp Association (ACA)
- Association of Camp Nurses (ACN)

Not all of the Resources listed here have updated their websites to reflect the most current statistics regarding COVID-19. Please continue to re-visit these pages for the latest information.

**FAQs:**

1. Is my child required to be vaccinated for COVID-19 in order to come to Camp?

   No.

2. Are buses/vans allowed at Camp this year?

   Yes. Please check with your parish priest about carpooling/busing options for your camper.

3. Are masks REQUIRED to be worn at Camp this year?

   No. Masks are optional. However, if your child prefers to wear a mask, that is absolutely fine. Please note that when your register your child online. There is a specific question for
this. Camp Staff will help ensure your child’s counselor knows this and will help them remember to wear their mask.

PLEASE NOTE: However, we are still asking you to pack at least 2 masks for your camper (put them in a ziplock bag and label the bag with your camper’s name), in the event that someone in their cabin develops Covid-19 symptoms, or tests positive at Camp. In that case, campers in that cabin may be asked to wear masks at Camp.

4. Is the Camp requiring campers, staff, volunteers and clergy to be rapid tested before or during arrival at Camp?

No. Again, given the decline in incident rates, rapid testing is no longer as productive as it was. However, please monitor your camper’s health for 5-7 days PRIOR to Camp. Ensure they are healthy BEFORE they come to Camp. This is the most important step in ensuring a fun and healthy week at Camp.

5. Will the Camp’s guidelines change?

All of the Camp’s guidelines/rules are “as-of-today”. We do not know if our guidelines will change, but we continue to monitor both the Commonwealth of Pennsylvania’s guidelines as well as the CDC and ACA’s recommendations. Some of the recommendations have not been updated as of the writing of this document. Camp continues to consult with its medical professional to determine what its health and healthcare policies are and should be as Pennsylvania and the Camp’s local Department of Health continue to remove their mandates regarding COVID-19.