



CAMP NAZARETH

Retreat and Conference Center

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HEALTH HISTORY FORM

The information on this form is not part of the camper or staff acceptance process, but is gathered to assist in identifying appropriate care. The Health History must be completed by the parents/guardians of minors or by adults themselves. Additionally, a medical exam (i.e. a physical) is required within 12 months of the camping session. Please see the separate Medical Examination Form which must be completed and signed by an approved, licensed medical professional (licensed physician or physician's assistant). Please be sure this entire form is complete. This form follows the most recent standards of the ACA and is a necessary part of the application process. Thank you for your cooperation.

NAME: _____

Last

First

Middle

BIRTH DATE: ____/____/____ AGE: _____ SOCIAL SECURITY #: _____ - _____ - _____ GENDER: M F

HOME ADDRESS: _____

Street Address

City

State

Zip

CUSTODIAL PARENT/GUARDIAN: _____

HOME PHONE: _____ WORK PHONE: _____ CELL PHONE: _____

SECONDARY PARENT/GUARDIAN/EMERGENCY CONTACT: _____

HOME PHONE: _____ WORK PHONE: _____ CELL PHONE: _____

IF NEITHER ARE AVAILABLE, PLEASE CONTACT: _____

RELATIONSHIP: _____ HOME PHONE: _____ CELL PHONE: _____

INSURANCE INFORMATION: Is the participant covered by family medical/hospital insurance? Yes No

If so, indicate carrier or plan name: _____ Policy #: _____ Group #: _____

Who holds the policy the camper is covered by (father, mother, or indicate other): _____

THE FOLLOWING MUST BE COMPLETE FOR ATTENDANCE

This health history is correct and complete as far as I know. I am able to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer over-the-counter medications, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests including testing related to diagnosing Covid-19 for me. I agree to the release of any records necessary for treatment referral, billing or insurance purposes. I give permission to the camp to arrange necessary related transportation for me. In the event that I am unable to communicate effectively in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment including hospitalization, for myself. I understand that my insurance coverage will be used as primary coverage in the event medical intervention is needed. I further understand that I will be responsible for any expenses not covered by my insurance. I understand all reasonable safety precautions will be taken at all times by Camp Nazareth and its agents during camp. I understand the possibility of unforeseen hazards and know the inherent possibility of risk, including risks related to the novel Coronavirus (Covid-19). I agree not to hold the Carpatho-Russian Orthodox Diocese in North America, Camp Nazareth, their leaders, employees, and/or volunteer staff liable for damages, losses, diseases, or injuries incurred by the subject of this form. I agree to abide by all of the rules and guidelines set forth by Camp Nazareth for the order, safety, and good health of the campers/staffers/volunteers at camp. I agree to indemnify and hold harmless, the Carpatho-Russian Orthodox Diocese in North America, Camp Nazareth, their leaders, employees, and/or volunteers from any expenses, losses, claims, or damages incurred as a result of the acts or omissions of the subject of this form. This completed form may be photocopied for trips out of camp. I also understand and agree to abide by any restrictions placed on my participation in camp activities and will comply with all of the reasonable requests made by the Camp Nazareth Administration in regards to order, safety, and good health.

Signature of Staff Member: _____

Print Name: _____ Date: _____

Health History

The parent, guardian, adult camper or staff member **must** fill in the following information. The intent of this information is to provide the Camp health care personnel the necessary background information to provide appropriate care. Keep a copy of the completed form for your records if you wish. Any changes to this form should be provided to the Camp health care personnel upon the participant's arrival at the Camp. Provide complete information so that the Camp can be made aware of your needs.

ALLERGIES

Describe reaction and management of reaction

_____	_____
_____	_____
_____	_____

FOOD ALLERGIES

_____	_____
_____	_____
_____	_____

OTHER ALLERGIES

_____	_____
_____	_____
_____	_____

MEDICATIONS CURRENTLY BEING TAKEN

Please list **ALL** medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration. ALL medications must be turned over to the Camp medical personnel upon arrival, no exceptions. If your child must have any medications (prescription and non-prescription included) on his/her person, this **must** be acknowledged by the medical personnel, in writing, on the final page.

Please check here to indicate if the person being represented by this form takes no medications whatsoever:

Med #1: _____ Dosage : _____ Specific Times taken each day: _____

Reason for taking: _____

Med #2: _____ Dosage : _____ Specific Times taken each day: _____

Reason for taking: _____

Med #3: _____ Dosage : _____ Specific Times taken each day: _____

Reason for taking: _____

Attach Additional Page if Necessary.

Identify any medications taken normally or during the school year that the participant does/may not take during summer and why:

RESTRICTIONS

Please list here any restrictions to activities that are medically necessary (I.e. what cannot be done, what adaptations or limitations are necessary).

OVER-THE-COUNTER MEDICINES:

Please circle Yes or No to each over-the-counter medication that your child is permitted to take while at Camp Nazareth:

Aspirin	- Yes	No	Pepto Bismol	- Yes	No	Antacids	- Yes	No
Tylenol	- Yes	No	Cough Syrup	- Yes	No	Antiseptic Throat Spray	- Yes	No
Advil	- Yes	No	Cough Lozenges	- Yes	No	Sterile Eye Irrigate	- Yes	No
Benadryl	- Yes	No	External Ointments	- Yes	No	Sudafed	- Yes	No
			Sprays, or Lotions					

Please list any other over-the-counter medicines that you specifically do not want administered, if any exist:

GENERAL QUESTIONS: (Explain "Yes" answers below)

Has/Does the participant have?

- | | | | | | |
|---|-----|----|---|---|----|
| 1. Had any recent injury, illness, or disease? | Yes | No | 17. Ever had joint problems (i.e. knees, ankles, etc.)? | Yes | No |
| 2. Have a chronic or recurring illness/condition? | Yes | No | 18. Have an Orthodontic appliance being brought to camp? | Yes | No |
| 3. Ever been hospitalized? | Yes | No | 19. Have any skin problems? (itching, rash, acne, etc.)? | Yes | No |
| 4. Ever had surgery? | Yes | No | 20. Have Diabetes? | Yes | No |
| 5. Have frequent headaches? | Yes | No | 21. Have Asthma? | Yes | No |
| 6. Ever had a head injury? | Yes | No | 22. Had mononucleosis in the past year? | Yes | No |
| 7. Ever been knocked unconscious? | Yes | No | 23. Had problems w/diarrhea/constipation? | Yes | No |
| 8. Wear glasses, contacts, or protective eyewear? | Yes | No | 24. Ever had an eating disorder? | Yes | No |
| 9. Ever had frequent ear infections? | Yes | No | 25. If female, have an abnormal menstrual history? | Yes | No |
| 10. Ever passed out during or after exercise? | Yes | No | 26. Ever had emotional difficulties for which professional help was sought? | Yes | No |
| 11. Ever been dizzy during or after exercise? | Yes | No | 27. Tested positive for COVID-19? | Yes | No |
| 12. Ever had seizures? | Yes | No | (If yes, date of positive test_____. | Please attach Positive result documentation.) | |
| 13. Ever had chest pain during or after exercise? | Yes | No | | | |
| 14. Ever had high blood pressure? | Yes | No | | | |
| 15. Ever been diagnosed with a heart murmur? | Yes | No | | | |
| 16. Ever had back problems? | Yes | No | | | |

Please explain any "Yes" answers, noting the number of the question. (Use additional pages if necessary)

Has the participant had or do they have any of the following: cancer, chronic kidney disease, COPD (chronic obstructive pulmonary disease), heart conditions (such as heart failure, coronary artery disease, or cardiomyopathies), immunocompromised state (weakened immune system) from solid organ transplant, obesity (body mass index [BMI] of 30 kg/m2 or higher but <40 kg/m2), severe obesity (BMI>=40 kg/m2), sickle cell disease, smoking? Please list any of the above conditions AND any others that would put the participant at higher risk for severe illness related to COVID-19 (attach additional pages if necessary):

Which of the following (illnesses) has the participant had?

- Measles
- Chicken Pox
- German Measles
- Mumps
- Hepatitis A
- Hepatitis B
- Hepatitis C
- Covid 19

TB Mantoux Test

Date of last test _____

Result: Positive Negative

PLEASE GIVE ALL DATES OF IMMUNIZATION FOR:

- DTP _____
- TD (Tetanus/Diphtheria) _____
- Tetanus _____
- Polio _____
- MMR _____
- or Measles _____
- or Mumps _____
- or Rubella _____
- Haemophilus Influenza B _____
- Hepatitis B _____
- Varicella _____
- COVID-19 _____

Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware. Attach additional pages if necessary.

Name of family physician: _____ Phone: _____

Address: _____

Name of family Dentist/Orthodontist: _____ Phone: _____

Address: _____